



OUT 2 18 & TRANSTASTIC

**Looking for a place where you can
*connect, be heard, and feel supported?***

Join our LGBTQ+ Youth Group - a friendly, safe, and inclusive space for young people aged 13-18. Whether you're exploring who you are or just want to hang out with other LGBTQ+ young people, you're welcome here.

For more information contact:

Sam 07712214421

Carol 07598065239

Life.Coaching@Leeds.gov.uk

Statements from attendees:

"This youth group is something I look forward to every week"

"It's really fun and awesome to be part of this LGBTQ+ group"

"We get to do activities such as baking, cooking, crafts, quizzes, outdoor activities and fun trips"

"We get to meet new people, socialise and make new friends"

Who are we?

A group of young people aged 13-18 who meet at a venue in West Leeds on Thursdays between 6:00 and 8:00pm.

The group is facilitated by Youth Workers from Leeds City Council and provides a safe space for young people who identify as LGBTQ+.

It's a voluntary group and it is not mandatory to attend every week. We are open all year round except 2 weeks during the Christmas holidays.

What our group has to offer...

- A safe space to meet new people who also identify as LGBTQ+.
- Support around a range of challenges young people may face, such as mental health difficulties, school issues, bullying and hate crime.
- An opportunity to learn new things and celebrate LGBTQ+ events.
- A chance to take part in activities and have fun!
- Information and advice about relationships, sexual health, staying safe, education, post 16 options and so much more.
- Signposting and referrals to specialist support services.

Confidentiality:

Conversations between young people and Youth Workers are kept confidential unless information shared places them or somebody else at risk of harm or danger. If information needs to be shared then young people will be made aware of what will be shared, who it will be shared with and why.

For more information please contact:

Sam (Youth Worker) 07712214421

Carol (Youth Worker) 07598065239

Or contact their office at:

Email: Life.Coaching@Leeds.gov.uk

Phone: 0113 378 6840

Other useful support organisations:

Stonewall: www.stonewall.org.uk

Child Line: www.childline.org.uk

Switchboard LGBT+ Helpline: switchboard.lgbt

Mindmate: mindmate.org.uk

Life Coaching Service: mindmate.org.uk/life-coaching-service/