



# Introduction to Visual Support Quick Guide

Published December 2025

## What is Visual Support?

Visual items that support communication, for example:

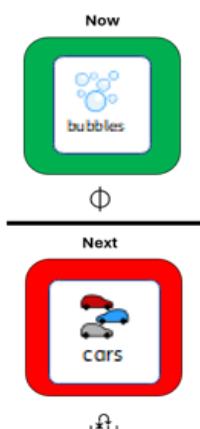
- Symbols
- Pictures/photos
- Objects of Reference
- Now and Next board
- Visual Timetable
- Makaton
- Aided Language Stimulation
- Choice boards
- Routine boards.

### Object of Reference example:



for bubbles

### Now and Next board example:



### Visual Timetable example:



We all use visuals—  
some of these include  
symbols, signs, lists,  
logos and clocks.

## Why do we use Visual Support?

- Visuals stay, words go.
- Visuals give your child another way to communicate.
- They can reduce anxiety and frustration.
- They provide structure.
- They can increase understanding.
- They support learning.

