

Parents and carers

Therapeutic Social Work



Who is the
therapeutic social
work team?

We are a team of social workers and psychologists with therapeutic skills who have experience of helping children and young people who might be struggling with their thoughts or feelings. We work in lots of different ways – through talking, playing, drama, art or writing – whatever feels right for you and your children or young people.



Leeds
CITY COUNCIL

MAR2017 TSWP

What sort of things could you help my child with?



Children may feel stressed for a number of reasons. They may be struggling with their emotions or feeling overwhelmed with worries. You may have concerns about their behaviour, that they might be hurting themselves or doing other risky things. Their mood may be very low or their eating or sleeping patterns disrupted.

We aim to set some goals at the beginning of the work, so that we are working on what is important to each child and to you.

We can help in many different ways. We might work with your children on their own or together with you. We see people regularly at home, in the community or at Lavender Walk.

Sometimes we might only work with you or school to help you to help your child/young person. Throughout our involvement we will regularly keep in touch with you to review the work and to provide/receive any feedback. Whatever we do, we will try to help in the best possible way for you and for your children we support.

How do you help us?



How can I help?

Undertaking therapeutic work can sometimes be unsettling for the children, so it is important that they receive your support throughout. We can help you think about the best way to do this.



How can I get your help?

If you think we could help, talk to your child's social worker or personal adviser who can make a referral to our service. It may also be helpful to refer to our carer support leaflet for details of other services available for foster carers, kinship carers and special guardians.





Do you have any questions?

If there is anything you don't understand please just ask us.
You can write your questions here so you don't forget them.

How to contact us

We are based at:

✉ 15 Lavender Walk,
Leeds, LS9 8TX

Telephone number:

☎ 0113 378 1800

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